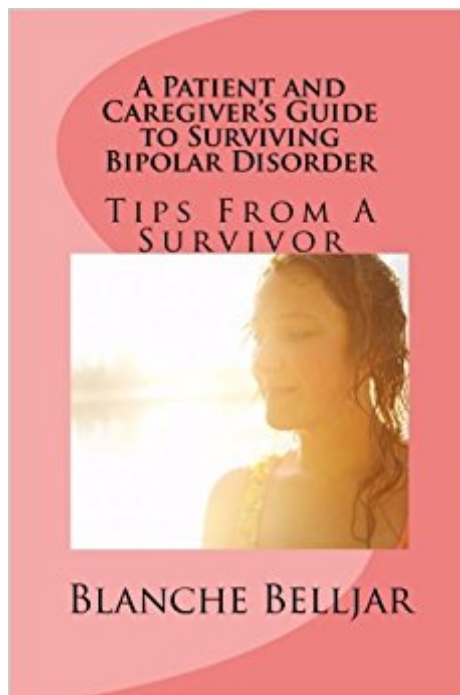




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# **A Patient And Caregiver's Guide To Surviving Bipolar Disorder: Tips From A Survivor**



## Synopsis

This self-help book is a paperback version of two previously published eBooks: *Surviving and Thriving with Bipolar Disorder: Tips from a Survivor* (published 2/2013) and *Reassuring Madness: How to Care for Loved Ones Who Have Bipolar Disorder* (published 5/2014). The first book is told from the point of view of a patient (me) and the second is told from a caregiver's perspective. It is the story of one family's battle with bipolar disorder and how they have tried to help one another.

## Book Information

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